



SIDNEY JOB SERVICE WORKFORCE CENTER

RICHLAND COUNTY RESOURCE MANUAL



Resource Manual

Developed and Maintained by:

Sidney Job Service Workforce Center

For further updates or additions, please contact:

Sidney Job Service Workforce Center (406) 433-1204 fax (406) 433-7453

email: sidneyjsc@mt.gov

RESOURCE MANUAL INDEX

CHILD CARE RESOURCE	
Boys & Girls Club of Richland County	page 7
Developmental Education Assistance Program	page 7
Richland County Health Department	page 7
CLOTHING	
Good Cents	page 7
Salvation Army	page 7
Second Best	page 7
DRIVER LICENSING	
Driver Licensing Station	page 8
EDUCATION	
Action for Eastern Montana	page 8
Boys & Girls Club of Richland County	page 8
Central Elementary (GED Classes)	page 8
Dawson Community College	page 8
Job Corps	page 8
Learning Volunteers of America	page 8
Miles Community College	page 9
Montana Youth ChalleNGe	page 9
Richland County Extension	page 9
Sidney Migrant Education	page 9
Sidney Public Schools Administration	page 9
Vocational Rehabilitation Services	page 9
Williston State College	page 10
FINANCIAL	
1 st Bank	page 10
Consumer Financial Counseling	page 10
Richland County Extension	page 10
Stockman Bank	page 10
Wells Fargo	page 10
FOOD ASSISTANCE	
Action for Eastern Montana	page 11

Fairview Food Bank	page 11
Richland County Commission on Aging	page 11
Richland County Food Bank	page 11
Richland County Office of Public Assistance	page 11
Rural Employment Opportunities (REO)	page 11
Salvation Army	page 11
WIC (Women, Infants, & Children)	page 11
Yellowstone Community Church	page 12
FUEL ASSISTANCE	
Action for Eastern Montana	page 12
Fairview Ministerial	page 12
Lower Yellowstone Electric	page 12
Montana-Dakota Utilities (MDU)	page 12
HOUSING ASSISTANCE	
Action for Eastern Montana	page 12
Fairview Ministerial	page 13
Matthew House	page 13
Richland County Housing Authority	page 13
Salvation Army	page 13
JOB ASSISTANCE	
Action for Eastern Montana	page 13
Eastern Montana Industries	page 14
Experience Works	page 14
Job Corps	page 14
Job Service Workforce Center (Sidney)	page 14
Job Service Workforce Center (Glendive)	page 14
Job Service North Dakota	page 14
Rural Employment Opportunities (REO)	page 15
Richland County WoRC Program	page 15
Vocational Rehabilitation Services	page 15
LEGAL ASSISTANCE	
Montana Farm workers Law Unit of Montana Legal Services	page 15
Montana Legal Services	page 15
Montana Legal Services VISTA Project	page 15
Richland County Commission on Aging	page 15
Eastern MT Self Help Project	page 16

LIBRARY	
Sidney Public Library	page 16
Richland County Health Department	page 16
HEALTH CARE SERVICES	
Caring 65	page 16
Children's Health Insurance Program CHIP	page 16
Caring Program For Children	page 16
District II Alcohol & Drug Program	page 17
Eastern Montana Mental Health Center	page 17
Family Planning	page 17
Golden Bridge Care	page 17
Home and Community Based Services	page 17
Home Health	page 17
Home Care Services	page 17
Mondak Family Clinic	page 18
Montana Breast & Cervical Health Program	page 18
Montana Comprehensive Cancer Control Program	page 18
Montana Migrant & Seasonal Farm worker Council	page 18
MRC Addiction Services	page 18
North Dakota Teen Challenge	page 18
Richland County Commission on Aging	page 18
Richland County Health Department	page 19
Safe Kids/Safe Communities	page 19
Sidney Health Center	page 19
Sidney Health Center Extended Care	page 19
Tobacco-Use Prevention Program	page 19
Walk In Clinic	page 19
WIC (Women, Infants, & Children)	page 20
SENIOR SERVICES	
Action for Eastern Montana	page 20
Caring 65	page 20
Golden Bridge Care	page 20
Experience Works	page 20
Health Literacy	page 20
Home and Community Based Services	page 21
Home Health	page 21
Home Care Services	page 21
Richland County Commission on Aging	page 21

R.S.V.P. (Retired Senior Volunteer Program)	page 21
Senior Companion Program for the Visually Impaired	page 21
Sidney Health Center - Extended Care	page 21
Social Security Administration - Billings	page 22
Social Security Administration - Williston	page 22
Stephen Ministry	page 22
<u>SHORTCUTS</u>	
Dial 411	page 22
Dial 511	page 22
Dial 711	page 22
Dial 911	page 22
SOCIAL SERVICE AGENCIES	
Action for Eastern Montana	page 22
Department of Public Health & Human Service/	page 23
Child & Family Service Division	
District II Drug & Alcohol	page 23
Eastern Montana Community Mental Health Center	page 23
Hi Line Home Program, Inc.	page 23
Living Independently for Today & Tomorrow, Inc. (LIFTT)	page 24
National Runaway Switchboard	page 24
Richland County Coalition Against Domestic Violence	page 24
Richland County Commission on Aging	page 24
Richland County Office of Public Assistance	page 24
Richland County WoRC Program	page 24
Richland Opportunities, Inc.	page 25
Senior Companion Program for the Visually Impaired	page 25
Social Security Administration - Billings	page 25
Social Security Administration - Williston	page 25
Stephen Ministry	page 25
Youth Dynamics Inc.	page 25
Transportation	
Richland County Transportation Service	page 26
Veteran Service	
Montana Veteran Affairs Division	page 26
VA Vocational Rehabilitation	page 26
VFW Post 4099	page 26

CHILD CARE RESOURCE & REFERRAL

Boys and Girls Club of Richland County

200 3rd Ave SE Sidney, MT 59270 406-433-6763 Fax: 406-433-6763

Web: www.richlandbgc.org

Web. www.richianabgc.org

Developmental Educational Assistance Program - DEAP

218 West Bell #209 Glendive, MT 59330 (406) 377-4909 1-800-578-4909

Richland County Health Department

1201 W Holly Suite 1 Sidney, MT 59270 406-433-2207 After school program designed to provide children (ages 6-18) with the essential tools needed for a successful and bright future.

Hours are 3:00 pm - 7 pm - Mon - Fri During the school year

DEAP can provide a list of licensed child care providers in Richland County.

Information on quality child care and how to find it. Information on Montana's child care assistance programs.

Provides a list of licensed child care providers in Richland County.

CLOTHING

items.

Good Cents

East end of East Main Sidney, MT 59270 (406) 488-5008

Salvation Army

Bob Burnison at Police Dept. 110 2nd Avenue NW & 504 E. Main St. Sidney, MT 59270 (406) 433-2210 (Police Department) (406) 433-6299 (Salvation Army) Used clothing from infant to adult sizes at little or no cost, also household items.

Used clothing from infant to adult sizes at

little cost, also some furniture and household

Second Best

323 East Main ST Sidney, MT 59270 (406) 488-6560 Used clothing from infant to adult sizes at low cost.

DRIVER LICENSING

Driver Licensing Station Richland County Courthouse Sidney, MT 59270 (406) 433-2378 To obtain driver license, information, and picture identification.

EDUCATION

Action for Eastern Montana

PO Box 1309 Glendive, MT 59330 (406) 377-3564 1-800-227-0703

Boys and Girls Club of Richland County

200 3rd Ave SE Sidney, MT 59270 406-433-6763

Fax: 406-433-6763

Web: www.richlandbgc.org

Central Elementary School

Second Floor 200 3rd ST SE Sidney, MT 59270 Contact: Mary Jo Saboe

(406) 482-1088 (work) 488-4776 (home)

Dawson Community College

P.O. Box 421 Glendive MT 59330 1-800-821-8320

Job Corps

2121 B Rosebud Dr Billings, MT 59102 (406) 259-2322 800-544-5627

Learning Volunteers for Adults (LVA)

Sue Zimmerman, Executive Director 121 3rd Ave NW (Library) Sidney, MT 59270 (406) 480-1917

Web: www.richlandlva.org

Head Start is a preschool program for children 3 to 5 years of age. Children are provided with a variety of developmentally appropriate activities, including free medical and dental screening, healthy meals and snacks, and safe activities, indoors and out.

After school program designed to provide children (ages 6-18) with the essential tools needed for a successful and bright future.

GED classes

Adult Basic and Secondary Education
On-line classes available

Job Corps offers free job training, college classes, job placement and GED courses for young adults age 16 through 24.

Trained volunteers provide free tutoring for adults to improve reading, writing, math or technical skills. All services are based on the needs of the individual, including English as a second language, CDL, and safety tests. GED and Pre-GED assistance.

Miles Community College

2715 Dickinson Miles City, MT 59301-4774 (406) 874-6100 1-800-541-9281

Adult Secondary and Distance Learning

Montana Youth ChalleNGe Program

790 E Cornell ST Dillon, MT 59725 (406) 925-3894 877-367-6927 www.youthchallenge.mt.gov GED and life skills education to high school drop outs.

Richland County Extension

123 West Main Sidney, MT 59270 (406) 433-1206 fax: (406) 433-6885

email: richland@montana.edu

web site: www.richland.org/extension

Provides free education material and programming on money management, health, nutrition, food safety and meal preparation, family and personal development, consumerism, and housing. Horticulture, agriculture, and 4-H youth program

information available.

Sidney Migrant Education

West Side Elementary 1100 5th ST SW Sidney, MT 59270

Contact: Dan Farr

(406) 433-2330 488-8298 (home) State director: Angela Branz Spall

(406) 444-2423

Education from ages 3-21. Credit bearing coursework. Adult education in evenings, computer lab, GED, vocational, Pre-school age 0+. Satellite courses—NovaNet (16) computer station lab.

Sidney Public Schools Administration

Central School 200 3rd Ave SE Sidney, MT 59270

(406)433-4080 Fax: (406)433-4358

Provides free education for grades K-12. Contact for determining appropriate school placement.

Vocational Rehabilitation Services

114 N 7th ST Miles City, MT 59301

Contact: Kathy Beauchot (406) 232-0583

1-877- 296-1198

Provides services to disabled individuals which aids them in entering and returning to employment.

Fax:1-406-232-0885

Williston State College

1410 University Avenue Williston, ND 58802-1326 (701) 774-4200 1-888-863-9455 Adult Basic and Secondary Education
Also offer on-line classes

FINANCIAL

1st Bank

120 2nd ST NW Sidney, MT 59270 (406) 433-3212 Fax: (406) 433-3235

www.1stbanksidney.com

Bank offering checking, savings, loans, and other financial services.

Consumer Financial Counseling

Mike Hogan Billings, MT 1 (800) 227-7539 Provides help in solving debt and money management problems through budget and credit counseling, debt liquidation information education, and setting up debt re-payment programs.

Richland County Extension

123 West Main Sidney, MT 59270 (406) 433-1206 fax: (406) 433-6885

email: richland@montana.edu

website: www.richland.org/extension

Provides free education material and programming on money management, health, nutrition, food safety and meal preparation, family and personal development, consumerism, and housing. Horticulture, agriculture, and 4-H youth program information available.

Stockman Bank

101 S Central Sidney, MT 59270 (406) 433-8600 www.stockmanbank.com Bank offering checking, savings, loans and other financial services. Cash machines located at Stockman Auto Bank, Cenex, IGA, and Millers Corner.

Wells Fargo

101 2nd Ave 5W Sidney, MT 59270 (406) 433-2321 www.wellsfargo.com Bank offering checking, savings, loans, and other financial services.

Taxes (State & Federal)

Forms may be obtained at the Library and Post Office.

FOOD ASSISTANCE

Action for Eastern Montana

PO Box 1309 Glendive, MT 59330 (406) 377-3564 1-800-227-0703 Dawson County Food Bank: Emergency food distribution to eligible households in Dawson County. Food is received and donated by citizens of Dawson County.

Fairview Food Bank

(Zion Lutheran Church) 309 S. Central Ave Fairview, MT 59221 (406) 742-5523 Food items available. Can also contact Rick Sharbono at Tri-County Implement or contact City Hall.

Richland County Commission on Aging

1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-3701 Assists senior citizens with home delivered and congregate meals, other services include, transportation, homemaker, legal, health screenings and respite care.

Richland County Food Bank

204 2nd Ave. NE Sidney, MT 59270 (406) 433-8142 answering machine Food items available.

Richland County Office of Public

Assistance

1201 W Holly Suite 2 Sidney, MT 59270 (406) 433-2282 Provides the food stamp program to any household that has limited resources and income.

Rural Employment Opportunities (REO)

Lauren Sukut 2121 Rosebud Drive, Stop B Billings, MT 59102 (406) 671-0255 Emergency food and gas to migrant and seasonal farm workers.

Salvation Army

Bob Burnison at Police Dept. 110 2nd Ave NW Sidney, MT 59270 (406) 433-2210 Emergency food, gas, and housing.

WIC (Women, Infants, & Children)

1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207 Provides supplemental food and nutrition information/education to pregnant and nursing mothers, infants, and children.

Yellowstone Community Church

PO Box 70 Savage, MT 59221 (406) 776-2236 Food bank items available.

FUEL ASSISTANCE

Action for Eastern Montana

PO Box 1309 Glendive, MT 59330 (406) 377-3564 1-800-227-0703

bills for eligible people. Applications are accepted October 1 through April 30 of each year.

<u>Energy Share:</u> Funds are offered to any

Low Income Home Energy Assistance Program

(LIHEAP) helps pay a part of winter energy

family with an energy emergency after other resources are exhausted.

<u>Winterization</u>: Assists low-income families in the weatherizing of their homes to help conserve energy.

Fairview Ministerial

704 S. Western Ave Fairview, MT 59221 (406) 742-5425 Chair: Pastor Sloan

Treasurer: Betty Trudell

Assistance with gasoline for emergency needs or temporary emergency housing, for

Fairview area residents.

Lower Yellowstone Electric

Box 1047 Sidney, MT 59270 (406) 488-1602 Lower rates with the installation of an electric heat meter, dual fuel assistance, balanced billing, and energy assistance through the Low Income Home Energy Assistance Program (LIHEAP).

Montana-Dakota Utilities (MDU)

2001 North Merrill PO Box 201 Glendive, MT 59330 1-800-638-3278 Balanced billing.

HOUSING ASSISTANCE

Action for Eastern Montana

PO Box 1309 Glendive, MT 59330 1-800-227-0703 Section 8 rental assistance based on income Housing counseling to include budget counseling, home equity conversion mortgage, pre-purchase, default/foreclosure, and rental counseling. Section 8 Homebuyer Program, Community Affordable Housing

Development, Equal Housing Opportunity, Crisis Assistance Programs, IDA Program, and Family Self-Sufficiency Program.

Assistance with gasoline for emergency needs

Fairview Ministerial

704 S. Western Ave Fairview, MT 59221 (406) 742-5425 Chair: Pastor Sloan

Treasurer: Betty Trudell

Provides temporary emergency housing.

or temporary emergency housing, for

Fairview area residents.

Matthew House

PO Box 446 Sidney, MT 59270 (406) 488-1292 or 433-3505 Contact: Zadena Kingland

Richland County Housing Authority

1032 6th ST SW Sidney, MT 59270 (406) 433-1978 1-888-396-8459 Low income housing assistance. Section 8 rental assistance.

Salvation Army

Bob Burnison at Police Dept. 110 2nd Ave NW Sidney, MT 59270 (406) 433-2210 Provides emergency housing.

JOB ASSISTANCE

Action for Eastern Montana

PO Box 1309 Glendive, MT 59330 (406) 377-3564 1-800-227-0703 Youth Employment and Training:

Mentorship for eligible youth ages 14 to 21 providing services such as tutoring, alternative secondary school services work experience, leadership development opportunities, supportive services etc. Also offered to low income, at-risk youth with any employment barriers such as basic skills deficiency, school dropout, homeless, runaway, pregnant or parenting, and offender.

Micro Business Assistance: Resource Occupation & Career Centers (ROCC) are located in rural communities. They are designed to bring an "incubation" system to organizing job skills, training opportunities, developing self-employment options and creating micro-businesses that meet the social and economic needs of the individual community.

Eastern Montana Industries

Cindy Berg 405 W. Bell ST Glendive, MT 59330 (406) 377-3192 Provides job placement, supported employment, vocational evaluations, on-the-job tryouts, situational assessments, assistance looking for jobs, help with resumes, and sheltered employment.

Experience Works

Linda Payne SCSEP - Assistant (406)377-5044 www.experienceworks.org Job opportunities for age 55 and older. Training and supervision is provided by the organization, wages are paid by Experience Works.

Job Corps

2121 B Rosebud Dr Billings, MT 59102 (406) 259-2322 800-544-5627 Job Corps offers free job training, college classes, job placement and GED courses for young adults age 16 through 24.

Job Service Workforce Center (Sidney)

211 North Central Sidney, MT 59270 (406) 433-1204 Fax: (406)-433-7453

JOBS Hotline: (406) 433-6665

http://sidneyjobs.mt.gov

Employment counseling, training programs, aptitude testing, job search assistance, career information, nationwide job listings, workshops, resource room internet access, and resume assistance.

e-mail - sidneyjsc@mt.gov

Job Service Workforce Center (Glendive)

211 South Kendrick Glendive, MT 59330 (406) 377-3314 JOBS Hotline (406) 377-5823 (Same as for Sidney)

Job Service North Dakota

Jerry Brose PO Box 1599 Williston, ND 58802-1599 (701) 774-7900 1-800-247-0989 Job placement, job insurance, job training programs, employment counseling, Job Corps

Rural Employment Opportunities (REO)

1739 Grand Suite A Billings, MT 59102 (406) 256-1140 1-800-823-5566 Youth Programs (406)749-2224 Job training and placement for dislocated seasonal farm and ranch workers, to include life skills training, career information, and supportive services. Provide on the job training and class room training.

Richland County WoRC Program

1201 W Holly Suite 3 Sidney, MT 59270 (406) 433-3505 Employment counseling, training programs, job search assistance, workshops for those receiving financial assistance through the Richland County Office of Public Assistance.

Vocational Rehabilitation Services

114 N 7th ST Miles City, MT 59301

Contact: Kathy Beauchot (406) 232-0583

1 (877) 296-1198

Provides services to disabled individuals which aids them in entering and returning to employment.

Fax: (406) 232-0885

LEGAL ASSISTANCE

Montana Farmworkers Law Unit of Montana Legal Services

Maria Elena Beltran 1015 Hwy 200 S Fairview, MT 59221 (406) 248-4870 or 1-888-999-4870 (Billings)

Legal assistance to low income individuals in the areas of public benefits, wages, consumer rights, and social security. (Available during Summer only)

Montana Legal Services

PO Box 3093 Billings, MT 59103-3093 1-800-999-4941 Provides free civil legal assistance to low income Montanans.

Montana Legal Services VISTA Project

100 ½ South Merrill Suite 14 Glendive, MT 59330 (406) 365-4816 Provides limited free legal assistance for victims of domestic violence and persons needing access to health care.

Richland County Commission on Aging

1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-3701 Assists senior citizens with home delivered and congregate meals, other services include: transportation, homemaker, legal, health screenings and respite care.

Eastern MT Self Help Law Project

121 3RD Ave NW-Sidney Library Sidney, MT 59270 (406) 489-1477

LIBRARY

Sidney Public Library

121 3rd Ave NW Sidney, MT 59270 (406) 433-1917

Fax: (406) 433-4642 www.richland.org

Richland County Health Department

1201 W Holly Suite 1 Sidney, MT 59270 406-433-2207

Summer hours: (starting Memorial Day) Mon. Fri. Sat 10:00 - 5:00 12:00 - 7:30 Tues, Wed, Thurs

Winter hours: (starting Labor Day) Mon, Tues 10:00 - 5:00 Weds. 12:00 - 7:30 Fri, Sat 10:00 - 5:00

Provides a resource library available to the public. Offered are several books and materials relating to caring for children A wide variety of topics are available, including health, nutrition, abuse, behavior, discipline, learning, activities and others.

HEALTH CARE SERVICES

Caring 65

Sidney Health Center 216 14th Ave SW Sidney, MT 59270 Contact: Andrea Selensky

(406)488-2112

(406)488-2110

Contact: Amber Candee

CHIP

Children's Health Insurance Program P.O. Box 202951 Helena, MT 59620 1-877-543-7669

Caring Program For Children

(Blue Cross/Blue Shield) Box 872

Helena, MT 59624

Open to anyone 65 or older, who carries Medicare Part A and B insurance. Services a coordinator to assist you with your medical bills, receive a 20% discount on SHC inpatient services unpaid balances after all insurance has paid, free blood pressure and blood sugar testing at SHC, free notary public service from 8:00 am - 4:30 pm, Mon-Fri

Health insurance program for children who do not have health insurance, yet the families do not qualify for government assistance.

Health insurance for youth who do not have health insurance, yet the families do not qualify for government assistance.

1-800-447-7828 Local (406) 488-4366

District II Alcohol & Drug Program

209 2nd ST SE Sidney, MT 59270 (406) 433-4097 FAX (406) 433-4726 Counseling, education, referral, evaluations, support groups for adults and children, Intensive Outpatient Program, prevention services, and community speakers.

Eastern Montana Mental Health Center

1201 W Holly Suite 4 Sidney, MT 59270 (406) 433-4635 **Emergency # (406) 488-2100** Counseling and possible referral to day treatment, case management (adult and child/adolescent), and therapeutic aide services (child/adolescent).

Family Planning

Richland County Health Department 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207 Family Planning provides comprehensive women's healthcare in all aspects of reproductive and preventive health including physical exams; cervical cancer screening; and counseling; pregnancy testing; along with health education and promotion. All services are provided regardless of income level.

Golden Bridge Care

104 14th Ave SW Sidney, MT 59270 (406) 488-2300 Supervised geriatric day program offering meals, activities, hair care, grooming, and spas.

Home and Community Based Services

Sidney Health Center 124 S Central Ave. Sidney, MT 59270 (406) 488-2193 Kerry Reitz (406) 488-2128 Laura Amunrud Individuals served must be Medicaid eligible. Program provides case managers to coordinate services to help individuals remain in their home, such as home modification, personal care assistance, homemaking, and transportation.

Home Health

Sidney Health Center 116 3rd Ave NW Sidney, MT 59270 (406) 488-2138 Mailing Address: 216 14th Ave SW Skilled services by Registered Nurse, Physical Therapist, Occupational Therapist, Speech Therapist, and Social Worker. Services are on an intermittent, part time basis. Services must be ordered by a physician. Medicare and Medicaid patients must be homebound.

Home Care Services

107 2nd ST NE PO Box 513 Sidney, MT 59270 (406) 433-3180 Personal care services and housekeeping provided for individuals in their homes. Available 7 days a week. Services are reimbursed by various sources, including Medicaid and private pay. Sidney Office

Fax: 433-3181

e-mail: hcssidney@midrivers.com

Mondak Family Clinic

304 S Ellery Ave Fairview, MT 59221 (406) 742-5261

Montana Breast & Cervical Health Program

Richland County Health Department 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207

Montana Comprehensive Cancer Control Program (MCCCP)

Richland County Health Department 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207

Montana Migrant & Seasonal Farmworker Council

1015 US Hwy 200 Fairview, MT 59221 (406) 747-5201

fax: (406) 747-3523

MRC Addiction Services

West Side Professional Center 1405 4th ST SW Suite 1 Sidney, Montana 59270 (406) 488-7966

North Dakota Teen Challenge

Pastor Mike Edwards/Ex Director 1406 2nd ST NW - Mandan ND 58854 701-667-2131

Richland County Commission on Aging

1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-3701 serves Richland, Dawson, Roosevelt, and Sheridan counties.

Family practice and pharmacy. Walk – in clinic

Provides yearly mammograms, clinical breast exams. Pap and pelvic exams for women age 50 through 64 who have no health insurance, or insurance that will not pay for these tests each year and who meet self reported income guidelines.

This program provides cancer prevention education, such as diet, exercise, smoking cessation, and awareness to increase cancer screenings. The goal of this program is to increase cancer screenings in the surrounding area.

Preventive health care provided to migrant and seasonal agricultural workers and their families. Patients needing services not provided directly on site are appropriately referred.

Full range of chemical dependency services including assessment and treatment of dependency problems and counseling where dependency issues are a problem. Available for intervention planning, consultation, and educational services. Private service—part of Mercy Recovery Center Program.

A faith-based residential drug & alcohol program for adult men, adult women and adult women with children

Assists senior citizens with home delivered and congregate meals, other services include: transportation, homemaker, legal, health screenings and respite care.

Richland County Health Department

1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207 www.richland.ort Provides a variety of health education services for children, adults, and families of all income levels. Direct client services include, but are not limited to: WIC immunizations, family planning, breast and cervical Health Program, home visiting programs, and diabetes education and support, vision and hearing screenings for school children. For a complete list of services contact the office.

Safe Kids/Safe Communities

Richland County Health Department 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207 Provides information on child safety seats; committed to increasing the use of seat belts, reduce alcohol and other drug related traffic crashes and raise public understanding and knowledge of impaired driving and occupant protection. This coalition serves Richland, McCone and Sheridan counties.

Sidney Health Center

216 14th Ave SW Sidney, MT 59270 (406) 488-2100 1-800-331-7575 Provides a wide range of medical services, long-term care, and assisted living.

Sidney Health Center Extended Care

104 14th Ave SW Sidney, MT 59270 (406) 488-2300 office hours (406) 488-2329 after hours fax: (406) 488-2260 Full range of specialized geriatric services including short-term respite stays, Adult Day Care, rehabilitation, 24 hour skilled nursing care, Dementia and Hospice care. Use of Adaptive Bathing units also available.

Tobacco-Use Prevention Program

c/o Richland County Health Department 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207 Providing tobacco prevention services including education through community speakers and support through cessation programs for adolescents and adults.

Walk In Clinic

Sidney Health Center 216 14th Ave SW Suite 114 Sidney MT 59270 (406) 488-2100 Saturday walk in health care. No appointment necessary.

WIC (Women, Infants, & Children)

Richland County Health Department 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207 Provides supplemental food and nutrition information/education to pregnant and nursing mothers, infants, and children.

SENIOR SERVICES

Action for Eastern Montana

PO Box 1309 Glendive, MT 59330 (406) 377-3564 1-800-227-0703

Caring 65

Sidney Health Center 216 14th Ave SW Sidney, MT 59270 Contact: Paula Bostrom (406) 488-2126

Golden Bridge Care

104 14th Ave SW Sidney, MT 59270 (406) 488-2300

Experience Works

Enid Krauth (406) 653-6221 (406) 783-5554

Health Literacy

Sue Zimmerman 121 Third Ave NW Sidney, MT 59270 (406) 480-1971 Area I Agency on Aging: The AAA serves as an advocate for programs for the elderly and works with local County Councils on Aging to coordinate services such as: transportation, skilled nursing, health screening, congregate meals, home-delivered meals, etc. Direct services provided by AAA are Senior Companion Program, information and assistance, insurance counseling, and Certified Long-term Care Ombudsman. Open to anyone 65 or older, who carries Medicare Part A and B insurance. Services a coordinator to assist you with your medical bills, receive a 20% discount on SHC inpatient services unpaid balances after all insurance has paid, free blood pressure and blood sugar testing at SHC, free notary public service from 8:00 am-4:30 pm, Monday-Friday.

Supervised geriatric day program offering meals, activities, hair care, grooming, and spas.

Job opportunities for age 55 and up. Experience Works pays 100% of the wages.

Help seniors complete Universal Health History. Patient worksheet can be found and downloaded from the Richland County web page at www.richland.org.

Home and Community Based Services

Sidney Health Center 124 S Central Ave. Sidney, MT 59270 (406) 488-2193 Kerry Reitz (406) 488-2128 Laura Amunrud

Home Health

Sidney Health Center 216 14th Ave SW Sidney, MT 59270 (406) 488-2138

Home Care Services

107 2nd ST NE PO Box 513 Sidney, MT 59270 (406) 433-3180 Fax: 433-3181

e-mail: <u>hcssidney@midrivers.com</u>

Richland County Commission on Aging

1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-3701

R.S.V.P.

(Retired Senior Volunteer Program) 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2207 FAX (406) 433-6895

Senior Companion Program for the Visually Impaired

1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-6946 FAX (406) 433-7866

Sidney Health Center Extended Care

104 14th Ave 5W Sidney, MT 59270 (406) 488-2300 office hours (406) 488-2329 after hours Individuals served must be Medicaid eligible. Program provides case managers to coordinate services to help individuals remain in their home, such as home modification, personal care assistance, homemaking, and transportation.

Skilled services by Registered Nurse, Physical Therapist, Occupational Therapist, Speech Therapist, and Social Worker. Services are on an intermittent, part time basis. Services must be ordered by a physician. Medicare and Medicaid patients must be Homebound.

Personal care services and housekeeping provided for individuals in their homes. Available 7 days a week. Services are reimbursed by various sources, including Medicaid and private pay. Sidney Office serves Richland, Dawson, Roosevelt, and Sheridan counties.

Assists senior citizens with home delivered and congregate meals, other services include, transportation, homemaker, legal, health screenings and promotion and respite care.

R.S.V.P. serves Richland and McCone Counties providing adults 55 and over, service opportunities in the community. Volunteering enhances social participation while matching personal interests and experience to community -based projects.

Individuals must be 55 or older and have a vision impairment. Provides a volunteer for companionship, reader service, transportation, and to assist with things that are difficult due to the visual impairment.

Full range of specialized geriatric services including short-term respite stays, Adult Day Care, rehabilitation, 24 hour skilled nursing care, Dementia and Hospice care. Use of Adaptive Bathing units also available.

Social Security Administration

2900 4th Ave N Room 100 Billings, MT 59101 1-800-453-0524 (Billings) 1-800-772-1213 (nationwide) Assistance with all Social Security programs.

Social Security Administration

Williston Office 1137 2nd Ave W Ste. 102 Williston, ND 58801 (701) 572-0682 Assistance with all Social Security programs.

Stephen Ministry

Mary Thorsen (406) 488-1441

Provides Christian friends who listen, care, pray, support and encourage. Someone who will "be there". Provides a confidential one-to-one meeting for an hour each week for as long as they are needed.

SHORTCUTS

Dial 4-1-1

Directory Assistance for any number anytime, anywhere in the United States.

Dial 5-1-1

Up-to-date location specific road and weather information on any interstate, U.S., or State highway in Montana and several adjoining states.

Dial 7-1-1

Connection to services that assist callers who are dear, hard of hearing or speech impaired, so that they can utilize a Text Telephone or TTY landline phone.

Dial 9-1-1

Emergency services - Fire, medical, or police

SOCIAL SERVICE AGENCIES

Action for Eastern Montana

PO Box 1309 Glendive, MT 59330 (406) 377-3564 ext. 129 1-800-227-0703 MYIP - Montana Youth Independence Project Transitional Living program for runaway & homeless youth ages 16 - 21. Providing shelter and services for homeless youth through the network of Human Resource development Councils.

WIA - Workforce Investment Act, Title IB Youth Program provides services to youth ages 14 - 21. This program helps youth focus on long term academic & occupational learning & provides long-term service strategies

Department of Public Health & Human Service/Child & Family Service Division

201 N Central Ave Sidney, MT 59270 (406) 433-1903 To make referrals call: 1-866-820-5437 Centralized Intake Investigates reports of child abuse and neglect and provides protection services when necessary. Approves adoptive homes. Licenses foster homes.

District II Drug & Alcohol

209 2nd ST SE Sidney, MT 59270 (406) 433-4097 FAX (406) 433-4726 Provides out patient treatment for chemical dependency.

Eastern Montana Mental Health Center

221 5th ST SW Sidney, MT 59270 (406) 433-4635 **Emergency # (406) 488-2100** Provides counseling and possible referral to treatment, adult case management, medication assistance, and therapeutic aide services.

Hi Line Home Program, Inc.

221 S. Central Ave PO Box 349 Sidney, MT 59270 (406) 433-6061 1-800-628-8618

Family Education & Support:

Offers family education and support services to families who have a child at risk for developmental delays (chronically ill) or who is developmentally delayed.

<u>Partnership Project</u>:

Works with families who have children under the age of five. Services provided by the program are customized to meet each family's own needs. Home visitors help families become more self sufficient by providing information on community resources and addressing such issues as: parenting skills, furthering education, budgeting, and job seeking skills.

Living Independently for Today & Tomorrow, Inc. (LIFTT)

Kathy Bach, Benefits Specialist Box 621 218 W. Bell ST Glendive, MT 59330 (406) 377-4062

fax: (406) 377-4064

e-mail: <u>liftt@midrivers.com</u>

Provide information and referral assistance to persons with disabilities to enable them to live independently. Provide advocacy, peer counseling, and assistance with filing for Social Security Disability.

BILLINGS LIFTT OFFICE:

914 Wyoming Billings, MT 59101 1-800-669-6319 FAX (406)377-4064 Dan Wornek, ADA Specialist (406) 861-2274

National Runaway Switchboard 1–800–RUNAWAY

Richland County Coalition Against Domestic Violence

Helen Schmidt PO Box 822 Sidney, MT 59270 (406) 433-7421 Information for teens & parents. Assistance with returning home

Crisis intervention, assistance with orders of protection, assistance in finding safe housing, support, and emotional support Provides emergency shelter for victims of domestic violence. Also education through presentations and materials available in the office.

(For emergency call police or hospital. They can have an advocate paged)

Richland County Commission on Aging

1201 W Holly Suite 1 Sidney, MT 59270 Contact: Shelly Rosaaen (406) 433-3701 Home delivered meals, congregate meals, transportation, legal assistance, senior center, and health promotion.

Richland County Office of Public

Assistance 1201 W Holly Suite 1 Sidney, MT 59270 (406) 433-2282 Food Stamps (SNAP), financial and medical programs.

Richland County WoRC Program

1201 W Holly Suite 3 Sidney, MT 59270 (406) 433-3505 Employment counseling, training programs, job search assistance, workshops for those receiving financial assistance through the Richland County Office of Public Assistance.

Richland Opportunities, Inc.

1101 Silurian Lane J-D Industrial Park Sidney, MT 59270 (406) 488-3341

fax: (406) 488-3347 email: roi@midrivers.com

Goal is to maximize services to adults with disabilities. Services are residential, vocational, supported employment, and transportation.

Senior Companion Program for the Visually Impaired

124 S. Central Ave Mailing: 221 5th ST SW Sidney, MT 59270 (406) 433-6946 FAX (406) 433-6895 Individuals must be 55 or older and have a vision impairment. Provides a volunteer for companionship, reader service, transportation, and to assist with things that are difficult due to the visual impairment.

Social Security Administration

2900 4th Ave N Room 100 Billings, MT 59101 1-800-453-0524 (Billings) 1-800-772-1213 (Nationwide) www.ssa..gov Assistance with all Social Security programs.

Social Security Administration

Williston office 1137 2nd Ave W Ste. 102 Williston, ND 58801 (701) 572-0682 Assistance with all Social Security programs.

Stephen Ministry

Mary Thorsen (406) 488-1441

Provides Christian friends who listen, care, pray, support and encourage. Someone who will "be there". Provides a confidential one-to-one meeting for an hour each week for as long as they are needed.

Suicide Prevention

1-800-273-TALK

Hotline answered in Great Falls MT.

Youth Dynamics Inc.

120 W Towne Street Suite 202 Glendive, MT 59330 (406) 377-4942 Fax (406) 377-4943 Provides counseling, case management, and family support services to children, adolescents, and their families.

Transportation

Richland County Transportation Service (406) 433-RIDE (7433)

Available to everyone in Richland County.
Call for information or to schedule a ride.

Veteran Services

Montana Veteran Affairs Division

PO Box 756 Wolf Point MT 59201 (406) 653-5105 Fax (406) 653-5106 Assistance with completing and acquiring documents. Can assist with DD214 and medical papers as well. Once a month a representative comes to Sidney Office.

VA Vocational Rehabilitation

www.vetsuccess.gov PO Box 188 Fort Harrison, MT 59636 The primary function of this program is to help individuals who have service connected disabilities become suitably employed, maintain employment or achieve independence in daily living.

VFW Post 4099 124 2nd Ave NE Sidney MT 59270 433-9982 Veterans of Foreign Wars Post. Meetings 2^{nd} Thursday.